

Colt Starting Program

Prepared for: Rex Anderson

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Anderson Ranch

Colt Starting Program

Objective

Here at Anderson Ranch, we strive to create not only the best horse companion for potential buyers, but to also build the knowledge of equestrians as well. Colt Starting Courses are individualized to the needs and goals of the individual. We take into consideration existing training and horse experience to help advance the students knowledge and skill.

Teaching is given through both instructional Dvds and out Mentor Program. We believe in sound and proven methods in natural horsemanship, to gain a willing partner from our horses. This is a western ranch but we do not just focus on western riding. Jumping, Dressage, and other disciplines also profit from natural horsemanship.

Training

You will learn both ground and under saddle exercises that include, but are not limited to:

- Horse psychology
- Riding in rough terrain
- Reading horse behavior and problem solving
- Feel and Timing
- Round Penning
- Sensitizing and Desensitizes techniques
- Trailer loading
- Isolating and controlling the various body parts - both on the ground and under saddle
- Softening and giving to the bit - both laterally and Vertically
- Feeding
- Horse care
- Mending fences
- Riding
- Handling Youngstock
- Schooling
- Lunging
- Teaching
- Sole Charge
- Starting/Breaking



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- Natural Horsemanship

As you advance through the program you will be able to create light and responsive and willing partner from the horses you work. As well as, be building confidence in yourself, both on the ground and under saddle. In the groundwork part you will learn how to solve problems, work with different personalities of horses, and communicate better with the horses. Under saddle you will learn to identify and solve problems in basic maneuvers, on the trail, and so much more!

Requirements

It doesn't matter what skill level you are, everyone can take something from this program. A few requirements that we do have are;

- Be athletic enough to mount a horse bareback
- Weigh in the neighborhood of 140
- Have good balance
- Be in/or get into good physical condition with the ability to ride over 20 miles in a day
- You need to be easy to get along with and be able to follow instructions
- NO SMOKERS
- NO DRUGS
- NO DRINKING
- No rough Language
- A willingness to learn
- A sense of humor is a plus!

Students are responsible for the following equipment;

- Riding boot with a heel
- Suitable clothing or attire (t-shirts, jeans, rain gear, gloves, coats, ect)
- Journal for daily writing
- Personal hygiene items, (toothbrush, brush, shampoo ect)
- Sleeping bag, or other bedding

Mentor Program

Everyone has something they can teach to someone else, and at the ranch, we do just that. We pair a new students with a Mentor who has become proficient in a set skill. At the beginning of learning a new skill the Mentor shows the student how to apply it to the horse. If student is having trouble Mentor tries to explain it again, if the student is still not getting it, they can watch training videos or have Rex help them. At the end of the week a Debrief is done to find out the students progress is coming. To become proficient in a skill you have to be able to repeat the finished product on three horses,



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then perform the skill for Rex Anderson who will then approve you as a Mentor in that skill. Through this you will not only learn new skills but being able to teach others. This helps to solidify it so the student keeps more than they learn.

Living

On the ranch is a cabin which the girls share. Boys will stay at Rex's house a few miles away. Work starts at 7 and goes till everything is done. Once you arrive you will go through orientation. Orientation will consist of Ranch rules, Daily schedule, Goals, and anything else of importance.

Cabin

The Cabin is located on the ranch. It is a two stories, girls sleep upstairs, bathroom, living room, kitchen are down stairs. The kitchen is equipped with a stove, microwave, fridge/freezer, really everything but a sink. Since we don't have a sink, dishes are washed in the tub. The water doesn't always work, so hauling water is sometimes required for washing dishes and showers.

1. Introduction to the basics

Our introduction course is a two, two week course program. Through this you learn how to first start a horse into training. Completion of both advances the students knowledge of basic Natural Horsemanship. Once each course is completed a certificate of Anderson Natural Horsemanship Training is given.

Weeks 1 and 2

In the first weeks you learn the basic, of working and safety with young horses. The Course will cover the basics of Natural Horsemanship.

- Round Penning
- Catching
- Desensitizing Exercises; 1-5
- Sensitizing Exercises; 1 and 2
- Leading
- Saddling
- Lunging

Weeks 3 and 4

Builds on the foundation laid in weeks 1 and 2. Adds more advanced lessons, to further build respect for the horse.

- Desensitizing Exercises; 6-10
- Sensitizing Exercises; Three Primary Exercises



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- Circle Driving
- Saddling
- Lunging
- Sending
- C Pattern
- Putting on the Hackamore

Scholarship

For those who still want to come but do not have the funds to be able to. We have a scholarship for one individual every six months. To be eligible for this we will need a video or letter and pictures of you telling us;

- Goals - horse related and non horse related
- Need of financial help - why you can't afford to come
- Accomplishments - horse related and non horse related
- Future plans - How coming will help you with your plans
- Why you deserve the scholarship - what makes you the best choice
- And, anything else that you think we might like to hear about

You should post these videos to youtube and send a link. Or mail letter and pictures to the Ranch.

Termination of Apprenticeship

- Breaking Rules
- Stealing
- Dishonesty
- Disrespectful
- Not making a serious effort